













Blackpool Sports Day 20-20 Score Sheet

#BFCCT2020 #ActiveWithBFCCT

Name:

Year:

1. Plank	2. Speed Bounce
<p>Tick the medal if you completed the event for 20 Seconds.</p> 	<p>Tick the medal if you completed 20 reps.</p> 
3. Walk Outs	4. Star Jumps
<p>Tick the medal if you completed the event for 20 Seconds.</p> 	<p>Record in the medal how many star jumps you completed in 20 Seconds.</p> 
5. Keepy Ups (Body)	6. Keepy ups (Equipement)
<p>Tick the medal if you completed 20 reps.</p> 	<p>Tick the medal if you completed 20 reps.</p> 
7. Squats	8. Toe Taps
<p>Record in the medal how many squats you completed in 20 Seconds.</p> 	<p>Tick the medal if you completed 20 reps</p> 
9. Throw Catch	10. Step Ups
<p>Tick the medal if you completed 20 reps without dropping the ball.</p> 	<p>Tick the medal if you completed 20 step ups.</p> 

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BFCCT



@BFC_CTrust



of ce@bfct.co.uk



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01253 348691



www.bfct.co.uk



11. Sprints		12. Press Ups	
<p>Tick the medal if you completed The 20 Second sprint.</p> 		<p>Record in the medal how many Press Ups you completed in 20 Seconds.</p> 	
13. Superman		14. Tin Stacker	
<p>Tick the medal if you completed the event for 20 Seconds</p> 		<p>Record in the medal how many stacks you completed in 20 Seconds.</p> 	
15. Bottle Flip		16. Bunny Jumps	
<p>Record in the medal how many flips you completed in 20 Seconds.</p> 		<p>Record in the medal how many lengths you completed in 20 Seconds.</p> 	
17. Waddle Race		18. Balance Race	
<p>Record in the medal how many lengths you completed in 20 Seconds.</p> 		<p>Record in the medal how many lengths you completed in 20 Seconds.</p> 	
19. Sock Toss		20. Target Toss	
<p>Record in the medal the number of socks tossed into the bag in 20 Seconds.</p> 		<p>Record in the medal how many target hits you completed in 20 Seconds.</p> 	
Total Ticks (ticks = 20 pts)		pts	
Recorded Score		pts	
		Total Score	pts

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of ce@bfct.co.uk



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